

Evaluating your relationship		Yes	No
1.	Do you feel safe with your partner?		
2.	Can you be your authentic self with your partner?		
3.	Can you tell them how you feel?		
4.	Do you listen to each other's concerns?		
5.	Do you trust your partner?		
6.	Do you and your partner hold equal amounts of power in your relationship?		
7.	Does your partner support you and your goals?		
8.	Does your partner care about the things you care about?		
9.	Do you feel good about yourself when you are with them?		
10.	Does your partner understand you?		
11.	Do you and your partner have the same sense of humor?		
12.	Do you and your partner share the same values?		
13.	Does your partner bring out the best in you?		
14.	Does your partner make you want to be a better person?		
15.	Are you generally happy in the relationship?		



Baseline Counseling LLC
E: baselinecounseling@gmail.com
P: 507-497-2374